Serving Suggestions:
The suggested serving size is 2 Waffles.

Preparation Instructions:
Conventional Oven
Preheat oven to between 350 – 400 degrees Fahrenheit.
Place waffles on a sheet pan, cover and bake for 8 minutes or until hot.
For a crispier texture, bake uncovered.
*If baking pre-bagged waffles in ovenable film, do not cover.
For a crispier texture, bake uncovered.
NOTE: Since equipment varies, heating times & temperatures may require adjustment.

Ingredients: Whole wheat flour, water, non fat milk, dry whey soybean oil, sugar, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), whole eggs, soy lecithin salt.

Child Nutrition Information:
Each serving provides 1.5 grain credits.

Nutrition Facts
Serving Size: 2 Waffles (71g)
Serving Per Container: 72

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>Calories</th>
<th>Calories from Fat</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>3.5g</td>
<td>30</td>
<td>5%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0.5g</td>
<td></td>
<td>3%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 5mg</td>
<td></td>
<td>1%</td>
</tr>
<tr>
<td>Sodium</td>
<td>360mg</td>
<td></td>
<td>15%</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>23g</td>
<td></td>
<td>8%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>3g</td>
<td></td>
<td>12%</td>
</tr>
<tr>
<td>Sugars</td>
<td>4g</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Protein</td>
<td>4g</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Vitamin A 0%  Vitamin C 0%
Calcium 6%  Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.

Allergens: Wheat, soy, egg, milk

For more information call 1-800-520-1399 or visit us at www.schoollunchsolutions.com
Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: **WHOLE WHEAT WAFFLES**  
Manufacturer: **ECHO LAKE FOODS**  
Serving Size: **70 grams (2.5 oz)**  
Code No.: **W98012W**  
(raw dough weight may be used to calculate creditable grain amounts)

I. Does the product meet the Whole Grain-Rich Criteria: Yes [ ] No [x]  
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes [ ] No [x] How many grams: [ ]  
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs:

<table>
<thead>
<tr>
<th>Description of Creditable Grain Ingredient*</th>
<th>Grams of Creditable Grain Ingredient per Portion 1</th>
<th>Gram Standard of Creditable Grain per oz equivalent (16g or 28g) 2</th>
<th>Creditable Amount A + B</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHOLE WHEAT FLOUR</td>
<td>2.6 grams</td>
<td>16 grams</td>
<td>1.625</td>
</tr>
</tbody>
</table>

Total Creditable Amount 1 = 1.625

1 Creditable grains are whole-grain meal/flour and enriched meal/flour.

1 (Serving size) x (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

2 Standard grams of creditable grains from the corresponding Group in Exhibit A.

2 Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 2.5 oz (70 grams)

Total contribution of product (per portion): 1.5 oz equivalent

I certify that the above information is true and correct and that a 2.5 oz portion of this product (ready for serving) provides 1.5 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq, per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Signature: [ ]  
Title: [ ]  
Date: [ ]  
Phone Number: [ ]