

# CN WG Golden Crunchy Minced Pollock Stick

<b>Code:</b>	26251
<b>Case Pack:</b>	2/5 lb. bags
<b>Net Weight:</b>	10 lbs.
<b>Storage:</b>	Frozen
<b>Servings per Case:</b>	40



### Serving Suggestions:

The suggested serving size is 4 pieces

### Preparation Instructions:

Keep frozen until ready to prepare- Do not refreeze.

Convection Oven: Place oven rack in the center of the oven. Preheat oven to 375°F. Place frozen fish in a single layer on a shallow baking pan. Bake for 9 -11 minutes.

Conventional Oven: Place oven rack in the center of the oven. Preheat oven to 425°F. Place frozen fish in a single layer on a shallow baking pan. Bake for 14-16 minutes.

### Ingredients:

66.7% MINCED ALASKA POLLOCK,33.3% BATTER AND BREADING; WHOLE WHEAT FLOUR,ENRICHED WHEAT FLOUR (FLOUR,NIACIN,REDUCED IRON,THIAMINE MONONITRATE,RIBOFLAVIN,FOLIC ACID),WATER,ENRICHED WHEAT FLOUR (FLOUR,NIACIN,FERROUS SULFATE,THIAMINE MONONITRATE,RIBOFLAVIN,FOLIC ACID),MODIFIED CORN STARCH,WHOLE YELLOW CORN MEAL,CONTAINS 2% OR LESS OF: SUGAR,SALT,YEAST,YEAST EXTRACT,ONION POWDER,WHEY,YELLOW CORN FLOUR,LEAVENING (SODIUM ACID PYROPHOSPHATE,SODIUM BICARBONATE,MONOCALCIUM PHOSPHATE),NATURAL FLAVOR,PAPRIKA EXTRACT (COLOR),ANNATTO EXTRACT (COLOR),TURMERIC EXTRACT (COLOR),CARAMEL COLOR,CORN STARCH,MODIFIED CELLULOSE. PREFRIED IN CANOLA,COTTONSEED,AND/OR SOYBEAN OIL.

## Nutrition Facts

Serving Size: 4 Pieces  
Serving Per Container: 40

Amount Per Serving	
<b>Calories</b> 190	Calories from Fat 60
<b>% Daily Value*</b>	
<b>Total Fat</b> 6g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 55mg	18%
<b>Sodium</b> 270mg	11%
<b>Total Carbohydrate</b> 18g	6%
Dietary Fiber 2g	8%
Sugars 1g	
<b>Protein</b> 15g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.

### Child Nutritional Information:

Each serving provides 2.00 oz. of M/MA and 1.00 oz. Grain Credit per 4 x 1 oz. Pieces

**Allergens:** Wheat, Soy