

FC Spicy Breaded Chicken Breast Filets

Code:	32094
Case Pack:	2/5 lb bags
Net Weight:	10 lb
Storage:	Frozen
Servings per Case:	45



Serving Suggestions:

The suggested serving size is 1 fillet = 3.50 oz.

Preparation Instructions:

Conventional oven for 20 –25 minutes at 400 degrees, turning once.

Convection oven for 12-15 minutes at 375 degrees, turning once.

Ingredients: Chicken Breast Fillet With Rib Meat, Water, Seasoning (Salt, Spice Extractives, Flavor (Hydrolyzed Corn Protein, Autolyzed Yeast Extract, Partially Hydrogenated Cottonseed And Soybean Oils, Dextrose), Maltodextrin, Citric Acid, Spice, Dehydrated Jalapeno Pepper), Sodium Phosphate

Battered And Breaded With: Bleached Wheat Flour, Water, Wheat Flour, Yellow Corn Flour, Seasoning (Salt, Spices, Dehydrated Garlic, Maltodextrin, Partially Hydrogenated Cottonseed And Soybean Oil, Dextrin, Spice Extractive), Duram Flour, Sugar, Salt, Hydrolyzed Corn Protein, Egg White, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Spices, Soybean Oil, Yeast, Whey (From Milk), Dextrose, Natural Flavor, Breeding Set in Vegetable Oil.

Child Nutrition Information:

Each 3.50 oz. Fillet provides 1.75 oz. equivalent M/MA.

Nutrition Facts

Serving Size: 100 g. (3.5 oz.)

Serving Per Container: 45

Amount Per Serving

Calories 170	Calories from Fat 20	
		% Daily Value*
Total Fat 2g		3%
Saturated Fat 0.5g		0%
Trans Fat 0g		
Cholesterol 50mg		17%
Sodium 440mg		18%
Total Carbohydrate 19g		6%
Dietary Fiber 1g		4%
Sugars 1g		
Protein 18g		

Vitamin A 0%	Vitamin C 8%
Calcium 2%	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.

Allergens: Wheat