



CN WG FC Breaded Chicken Breast Nuggets



Code:	612100
Case Pack:	6/5 lb. bags
Net Weight:	300 lbs.
Storage:	Frozen
Servings per Case:	158

Serving Suggestions:

The suggested serving size is 5 pieces or 3.04 oz.

Preparation Instructions:

Convection Oven: Bake at 350 degrees for 10 to 12 minutes

Conventional Oven: Bake at 350 degrees for 14 to 16 minutes

Ingredients: Chicken breast with rib meat, water, vegetable protein product (soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine monitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), and cyanocobalamin (B12)). **Seasoning** (salt, sugar, sodium phosphates, maltodextrin, dextrose, spices, yeast extract, natural flavors, sunflower oil, modified food starch) sodium phosphate, tricalcium phosphate. **Breaded with:** whole wheat flour, enriched wheat flour (Enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, salt, disodium inosinate and disodium guanylate, nonfat milk, leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), spice soybean oil yeast, extractives of paprika. **Battered with:** Water, whole wheat flour enriched wheat flour (enriched with niacin, reduced iron thiamine mononitrate, riboflavin, folic acid), sugar, salt, nonfat milk, disodium inosinate and disodium guanylate, wheat gluten, leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), spice, soybean oil extractives of paprika. **Pre Dusted with:** Enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), modified potato starch, salt, soybean oil. Breading is set in vegetable oil.

Nutrition Facts

Serving Size: 5 Pieces or 3.04oz
Serving Per Container: Approx. 158

Amount Per Serving		
Calories	184	Calories from Fat 72
		% Daily Value*
Total Fat	8g	12%
Saturated Fat	2g	10%
Trans Fat	0g	
Cholesterol	35mg	12%
Sodium	400mg	17%
Total Carbohydrate	12g	4%
Dietary Fiber	2g	4%
Sugars	0g	
Protein	15g	
Vitamin A	2%	Vitamin C 0%
Calcium	6%	Iron 12%

* Percent Daily Values are based on a 2,000 calorie diet.

Child Nutritional Information:

Each 3.04 oz serving provides 2 M/MA and 1 Grain Credit.

Allergens: Wheat, Soy, Milk