

CN WG FC Breaded Chicken Nuggets

Code:	6145
Case Pack:	4/5 lb bags
Net Weight:	20 lb
Storage:	Frozen
Servings per Case:	104



Serving Suggestions:

The suggested serving size is 5 nuggets or 3.05oz

Preparation Instructions:

Conventional oven for 15-20 minutes at 350.

Convection oven for 8-10 minutes at 350.

Ingredients: Chicken, water, isolated soy protein, textured soy protein, dried whole egg, reduced sodium sea salt (Sea salt, potassium chloride, rice flour), sugar, sodium phosphates, white pepper, onion powder, garlic powder.

Breaded With: Whole wheat flour, salt, enriched wheat flour (Enriched with niacin, reduced iron, thiamine monoitrate, riboflavin, folic acid), dextrose, leavening (Sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), extractives of paprika.

Battered With: Water, whole wheat flour, salt, whey leavening (Calcium mononitrate, riboflavin, folic acid), spice, garlic powder, xanthem gum, extractives of paprika.

Child Nutrition Information:

Each 3.05 oz. serving of Chicken Nuggets provides 2 oz. equivalent M/MA and 1 oz. equivalent grain serving

Nutrition Facts

Serving Size: 3.05oz
Serving Per Container: 104

Amount Per Serving	
Calories 216	Calories from Fat 12
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 26mg	9%
Sodium 381mg	16%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 14g	
Vitamin A 0%	Vitamin C 0%
Calcium 3%	Iron 11%
* Percent Daily Values are based on a 2,000 calorie diet.	

Allergens: Egg, Milk, Soy, Wheat