



## Chicken Egg Rolls, 2 oz [No MSG]

FMI Code	80846
Brand	Fair Market Inc.
Cook Level	Ready to Cook
Type	Appetizers
Case Pack	160/2 oz
Storage	Frozen
Pallet Configuration	10T x 9H = 90 cs per pallet
Net Case Weight	20#
Gross Case Weight	22#
Case Dimensions	N/A
Case Cube	N/A
Case/Unit UPC (GTIN)	N/A

### Preparation Instructions

Cook to a minimum temperature of 170°F or higher.

**Deep fry:** At 350°F for 4 minutes.

**Oven:** Place in a single layer on baking sheet, bake at 425°F for about 10 minutes. (Turn halfway through)

### Ingredients

**Filling:** cabbage, chicken, carrots, texture vegetable protein (soy flour, zinc oxide niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine, hydrochloride (b6), riboflavin (b2), and cyanocobalamin (b12), sugar, salt, fish sauce (anchovy extract, salt, sugar), (soy bean oil or veg oil, sesame oil), garlic powder, black pepper, onions. **Crust:** wheat flour, water, salt, cornstarch, FD&C yellow no. 5 & 6, less than 1% sodium benzoate as a preservative.



## Nutrition Facts

54 servings per container

**Serving size** 2 egg rolls (113g)

**Amount Per Serving**

**Calories** **190**

% Daily Value\*

<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 820mg	<b>36%</b>
<b>Total Carbohydrate</b> 37g	<b>13%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 2.7mg	15%
Potassium 0mg	0%
Vitamin A	10%
Vitamin C	25%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens: Soy, Wheat**