



## FC Crispy Chicken Breast Strips

FMI Code	855658MM
Brand	Fair Market Inc.
Cook Level	Fully Cooked
Type	Chicken
Case Pack	2/5#
Storage	Frozen
Pallet Configuration	143 cs per pallet
Net Case Weight	10#
Gross Case Weight	11.5#
Case/Unit UPC (GTIN)	10077013010255/077013010258



### Preparation Instructions

**Conventional Oven:** Preheat oven to 425°F. Place frozen chicken strips in a single layer on an ungreased baking sheet. Bake uncovered for 25 minutes. **Microwave:** Place 6 frozen chicken strips on a microwave safe plate. Microwave on high for 4.5 minutes using a 1000W microwave. Let stand 1 to 2 minutes before serving. **Air Fryer:** Preheat air fryer to 375°F. Place frozen chicken pieces in basket in a single layer. Cook for 10 minutes. **Always make sure product reaches an internal temperature of at least 165°F. APPLIANCES VARY. ADJUST ACCORDINGLY.**

### Ingredients

Boneless Skinless Chicken Breast, Wheat Flour, Water, Contains 2% Or Less of Modified Food Starch, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Natural Flavor, Wheat Gluten, Sodium Phosphate, Extractives of Paprika.

### NUTRITION FACTS

Servings per Container	53	
Serving Size	2 pieces	
Calories per Serving	166	
	Amt/Serving	% Daily Value *
Total Fat Grams	6	8%
Saturated Fat Grams	1	5%
Trans Fat Grams	0	
Cholesterol Mg	35	12%
Sodium Mg	500	22%
Total Carb Grams	14	5%
Dietary Fiber Gram	0	0%
Sugars Grams	0	
Added Sugar Grams	0	0%
Protein Grams	14	
Vitamin D Micrograms	0.1	0%
Calcium Milligrams	10	0%
Iron Milligrams	4	2%
Potassium Milligrams	235	5%

\* The percent daily value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Wheat or Wheat Derivatives